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REGLAMENTO DE LA CARRERA:

Start and Finish: Polideportivo de Pollença.

Course: The transit during the entire race will be blocked and is measured according to the regulations of the Royal Spanish Athletic Federation. The race will transit the streets of Pollensa and Port of Pollensa.

Kilometre 4, 8,12,16,20 - there will be set up drink stands

Time limit: 3 hours after the beginning of the race

Minimum age: 18 years – on the day of the race

Categories: 10 or more participants will form a category. Should there be not sufficient applicants then the category will be eliminated and the participants will be reassigned to another group.

Wardrobe: at the start point there will be a wardrobe. Participants will have access to this service by the means of the assigned competition number.

Control: the race will be controlled through the assigned bar code. The Judge of the Royal Spanish Athletic Federation and the Judge Committee of the Balearic Athletic Federation will be in charge of the official classification.

Claims: The written claims will be handed over to the Judge Committee within 30 minutes after the race finish, depositing the amount of 100 € Should the claims be justified, then the amount will be returned.

Gifts: At the end of the race a few gifts and a certificate will be handed over.

Medical assistance: the entire race benefits from medical survey and assistance. All participants with physical problems, allergies etc. that require special attention must notify the organisation and publish it in their participant shield.

Safe insurance: the race benefits from a safe insurance covering only injuries that may occur during the race. The safe insurance does not cover any other physical problems that the participants may have had, neither does it cover injuries brought about by disobedience of the rules or any other caused damages. Participants above 40 years must present a medical certificate to justify their physical ability.

Safety: The Local Police and Civil Protection will be in charge of the safety of the race.

Ambulance: on different points of the race there will be an ambulance service.

CATEGORIES:

- Junior Masculine (born 01/01/1989 to 31/12/1990)
- Junior Feminine (born 01/01/1989 al 31/12/1990)
- Promesa Masculine (born 01/01/1986 to 31/12/1988)
- Promesa Feminine (born 01/01/1986 to 31/12/1988)
- Absolute Masculine (The 5 first of general classification)
- Absolute Feminine (The 5 first of general classification)
- Veterans Masculine M35 (born 14/04/1968 to 13/04/1973)
- Veterans Masculine M40 (born 14/04/1963 to 13/04/1968)
- Veterans Masculine M45 (born 14/04/1958 to 13/04/1963)
- Veterans Masculine M50 (born 14/04/1953 to 13/04/1958)
- Veterans Masculine M55 (born 14/04/1948 to 13/04/1953)
- Veterans Masculine M60 (born 14/04/1943 to 13/04/1948)
- Veterans Masculine M65 (born 14/04/1938 to 13/04/1943)
- Veterans Masculine M70 (born before 13/04/1938)
- Veterans Feminine W35 (born 14/04/1968 to 13/04/1973)
- Veterans Feminine W40 (born 14/04/1963 to 13/04/1968)
- Veterans Feminine W45 (born before 13/04/1963)

AWARDS:

Absolute masculine / feminine:

Award to the 5 first.

Masculine:

Junior, Promesa, Veterans M35, M40, M45, M50, M55, M60, M65, M70

Award to 3 first.

Feminine:

Junior, Promesa, Veterans W35, W40, W45

Award to 3 first.

The awards are not accumulables.

AWARDS (EN METÁLICO):

Absolute masculine / feminine:

1° 500 € 2° 400 € 3° 300 € 4° 200 € 5° 100 €

Masculine:

Junior, Promesa, Veterans M35, M40, M45, M50, M55, M60, M65, M70

1° 100 € 2° 75 € 3° 50 €

Feminine:

Junior, Promesa, Veterans W35, W40, W45

1ª 100 € 2ª 75 € 3ª 50 €

The awards are not accumulables.